

WOMEN'S SELF DEFENSE

Women's Personal Safety Seminar

Time: 8:00 am till noon

This training is both lecture and "hands on" and is taught by the defensive tactics instructors from the Kansas City, Missouri Police Department and is offered free of charge.

Saturday, September 10, 2016	8 am till noon	South Patrol Division 9701 Marion Park Dr.	OPEN
Saturday, October 1, 2016	8 am till noon	Academy 6885 NE Pleasant Valley Rd...	OPEN
Saturday, November 5, 2016	8 am till noon	Academy 6885 NE Pleasant Valley Rd...	OPEN

Training Focus

- Awareness
- Prevention
- Streetwise precaution
- Self-defense

To register, contact Angela at:
Phone: 816-413-3500
Fax: 816-413-8414
E-mail: angela.mccune@kcpd.org